

HOT

	M		L	
Cappuccino	5 Cal	5.37	10 Cal	5.83
Mocha	350 Cal	6.30	420 Cal	6.53
Caramel Macchiato	370 Cal	6.53	450 Cal	6.76
Latte	140 Cal	5.28	170 Cal	5.97
Vanilla Latte	270 Cal	5.74	420 Cal	6.44
Chai Tea Latte	230 Cal	5.14	280 Cal	5.60

ICED

	S		L	
Americano	5 Cal	5.30	10 Cal	5.80
Cappuccino	80 Cal	5.05	140 Cal	5.83
Mocha	240 Cal	5.74	390 Cal	6.53
Caramel Macchiato	260 Cal	6.20	420 Cal	6.76
Latte	80 Cal	4.91	140 Cal	5.97
Vanilla Latte	190 Cal	5.37	320 Cal	6.43
Chai Tea Latte	140 Cal	4.58	250 Cal	5.60
Iced Tea	0 Cal	3.66	0 Cal	4.12

CUSTOMIZE IT

Flavor Shot	Vanilla, Caramel, Chocolate	110 - 240 Cal
Espresso Shot		0 Cal
Almond Milk		100 Cal

+1.39 EACH

COLD BREW

	S		L	
Classic	0 Cal	4.12	0 Cal	4.82
Vanilla Cream	190 Cal	5.05	310 Cal	5.60
Caramel Cream	210 Cal	5.05	360 Cal	5.60
Chocolate Cream	200 Cal	5.05	340 Cal	5.60

COLD BREW SHAKES

	S		L	
Vanilla	350 Cal	6.30	540 Cal	6.90
Caramel	390 Cal	6.30	610 Cal	6.90
Chocolate	380 Cal	6.30	590 Cal	6.90

MOCKTAILS

	S		L	
Free Pour Lemonade	80 Cal	3.56	100 Cal	4.12
Dragon Fruit Lemon Drop	160 Cal	3.89	250 Cal	4.35
Passion Fruit Sunrise	170 Cal	4.44	270 Cal	4.95
Bros. Bay Breeze	170 Cal	4.44	280 Cal	4.95
Energy Spritz	170 Cal	5.51	280 Cal	6.67

SMOOTHIE

	S		L	
Strawberry Banana	280 Cal	6.53	430 Cal	7.13

CLASSIC HOT DRINKS

	M		L	
Coffee	5 Cal	3.66	5 Cal	4.12
Hot Tea	0 Cal	3.66	0 Cal	4.12
Hot Chocolate	400 Cal	5.05	490 Cal	5.51

BAGELS

Classic	270-300 Cal	2.87
Asiago, Plain, Blueberry, Sesame Seed, Chocolate Chip, Cinnamon Raisin, Cinnamon Sugar, Everything, Honey Wheat		
Gourmet	340-400 Cal	3.19
Cheesy Hash Brown, Six Cheese, Green Chile, Jalapeño Cheddar		

BAGEL BOXES

Includes Classic Bagels Only

Baker's Dozen Box	13 Bagels & 2 Tubs of Shmear	23.01
Baker's Dozen (Bagels Only)	13 Bagels	18.61
Half Dozen Bagel Box	6 Bagels & 1 Tub of Shmear	14.49
Half Dozen (Bagels Only)	6 Bagels	11.48
Tub of Shmear		5.50

WHIPPED SHMEAR FLAVORS

REGULAR

Plain	120 Cal	2.49
Onion & Chive	120 Cal	2.49
Garden Veggie	110 Cal	2.49
Honey Almond	120 Cal	2.49
Strawberry	120 Cal	2.49
Jalapeño Salsa	110 Cal	2.49

REDUCED FAT*

*25% less fat than our regular shmear. Fat content has been reduced from 12g to 9g per serving.

Plain	100 Cal	2.49
Garden Veggie	110 Cal	2.49
Jalapeño Salsa	110 Cal	2.49
Strawberry	120 Cal	2.49
Honey Almond	120 Cal	2.49

TOPPINGS

Additional Charge

Shmear	110 - 120 Cal
Peanut Butter	240 Cal
Jelly	80 Cal
PB&J	110 Cal
Butter Blend	50 Cal
Avocado	120 Cal

CLASSIC

Served On A Plain Bagel

Bacon & Cheddar			Ham & Swiss			Cheddar Cheese		
1 Egg	470 Cal	7.82	1 Egg	470 Cal	7.82	1 Egg	420 Cal	7.13
2 Eggs	560 Cal	9.44	2 Eggs	560 Cal	9.44	2 Eggs	520 Cal	8.75
			Turkey-Sausage & Cheddar			Avocado Toast		
			1 Egg	490 Cal	7.82		410 Cal	5.74
			2 Eggs	590 Cal	9.44			

SIGNATURE

Texas Brisket

Cage-Free Eggs With Smoked Beef Brisket, Cheddar Cheese And Smoky Chipotle Aioli On A Fresh-Baked Cheddar Jalapeño Gourmet Bagel.

1 Egg	740 Cal	10.09
2 Eggs	820 Cal	11.71

Farmhouse

Cage-Free Eggs With Bacon, Ham, Cheddar Cheese And Country Pepper Cream Cheese Shmear On A Fresh-Baked Cheesy Hash Brown Gourmet Bagel.

1 Egg	690 Cal	9.17
2 Eggs	770 Cal	10.79

All Nighter

Cage-Free Eggs With Bacon, American Cheese And Smoky Chipotle Aioli On A Cheesy Hash Brown Bagel.

2 Eggs	880 Cal	9.77
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Santa Fe

Cage-Free Eggs Whites, Turkey Sausage, Cheddar Cheese, Salsa And Jalapeño Salsa Shmear On An Asiago Thintastic Bagel.

1 Egg	420 Cal	8.61
2 Eggs	495 Cal	10.23

Garden Avocado

Cage-Free Egg Whites With Smashed Avocado, Tomato, Spinach And Roasted Tomato Spread On A Fresh-Baked Everything Bagel.

1 Egg White	500 Cal	7.92
2 Egg Whites	580 Cal	9.54

Big Breakfast Burrito

Cage-Free Eggs With Bacon, Turkey Sausage, Shredded Cheese, Green Chilies, Hash Browns, Salsa And Plain Shmear in a Flour Tortilla.

2 Eggs	1200 Cal	10.69
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Bacon, Avocado & Tomato

Cage-Free Egg Whites With Bacon, Smashed Avocado, Tomatoes And Roasted Tomato Spread On A Plain Thintastic Bagel.

1 Egg White	440 Cal	8.75
2 Egg Whites	475 Cal	10.37

CUSTOMIZE

- Add Second Egg Add 90 Cal +1.50
- Upgrade to Gourmet Bagel Add 70-130 Cal +1.39
- Sub Egg Whites Subtract 55 Cal Per Egg +1.99
- Make Your Bagel Thintastic Subtract 70-120 Cal

MAKE IT A MEAL

Add a Twice Baked Hash Brown & Medium Coffee 195 Cal +4.20

- Vegetarian
- Contains Nuts
- Contains Sesame



DELI LUNCH Choice Of Bagel, Toasted Ciabatta Or Flour Tortilla

*Nova Lox (No Side)

Cold Smoked Salmon, Red Onions, Capers, Tomatoes And Plain Cream Cheese Shmear On A Plain Bagel.

500 Cal 10.88

Tasty Turkey

Turkey, Spinach, Cucumbers, Lettuce,Tomatoes And Onion & Chive Cream Cheese Shmear On an Asiago Bagel.

510 Cal 10.32

Turkey & Cheddar

Turkey, Cheddar Cheese, Lettuce, Tomatoes, Red Onions, Mayo And Deli Mustard On A Fresh-Baked Plain Bagel.

550 Cal 9.77

Chicken Salad

460-570 Cal 8.40

Turkey, Bacon & Avocado

Turkey, Bacon, Smashed Avocado, Lettuce, Tomatoes And Roasted Tomato Spread On Toasted Ciabatta.

580 Cal 10.79

Avocado Veg Out Sandwich

Smashed Avocado, Tomatoes, Cucumbers, Red Onions, Spinach, Lettuce And Garden Veggie Cream Cheese Shmear On A Fresh-Baked Sesame Seed Bagel.

410 Cal 9.21

Ham & Swiss

Ham, Swiss Cheese, Lettuce, Tomatoes, Red Onions, Mayo, And Deli Mustard On A Fresh-Baked Plain Bagel.

560 Cal 9.77

HOT & TOASTY

Cheese Pizza Bagel

Fresh-Baked Plain Bagel Topped With Pizza Sauce And A Blend Of Mozzarella, Provolone, Cheddar, Asiago, Parmesan, And Romano Cheeses.

450 Cal 8.06

Pepperoni Chicken

Grilled Chicken Breast, Pepperoni, Swiss & Asiago Cheese, Red Onion, Spinach, Roasted Tomato Spread on Toasted Ciabatta.

680 Cal 9.30

Spicy Chicken

Grilled Chicken Breast, Bacon, Cheddar, Jalapeños, Red Onion, Jalapeño Salsa Shmear On Toasted Ciabatta.

620 Cal 9.30

Pepperoni Pizza Bagel

Fresh-Baked Plain Bagel Topped With Pizza Sauce, Pepperoni And A Blend Of Mozzarella, Provolone, Cheddar, Asiago, Parmesan And Romano Cheeses.

540 Cal 8.52

Albuquerque Turkey

Roasted Turkey, Bacon, Cheddar, Lettuce, Tomato, Green Chiles, Plain Shmear On A Six Cheese Gourmet Bagel.

680 Cal 9.50

Cheesy Veggie Melt

Cheddar, Swiss, Tomato, Spinach, Roasted Tomato Spread On Toasted Ciabatta.

610 Cal 8.19

*Cold smoked salmon is not cooked. Consuming raw or undercooked seafood may increase the risk of foodborne illness, especially if you have certain medical conditions.

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.